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NEWS RELEASE

Mainland Resources, Inc. Appoints Mark N. Witt as CFO and Director

Houston, Texas / PR Newswire – Oct. 6, 2009 – The Board of Directors of Mainland Resources, Inc., (OTCBB:MNLU 5MN-Frankfurt) a Nevada Corporation (the “Company”) has appointed Mark N. Witt as Chief Financial Officer and member of the Board of Directors effective September 22, 2009.

Mr. Witt has worked in the energy industry for 28 years including management positions with major energy companies and has served as CFO for three publicly traded energy companies prior to joining Mainland Resources. Since March 2003, Mr. Witt has served as President of Commercial Energy Services LLC, which provides energy consulting and financial management services. During this time, from May 2005 to February 2007, Mr. Witt served as CFO for GFI Oil & Gas Corporation, an internationally focused exploration and production company, which was listed on the TSX Venture Exchange.

From February 2002 through March 2003, Mr. Witt worked with Goldman Sachs & Company in New York City as Vice President of energy commodities risk management. In June 1999 Mr. Witt joined Tractebel (GDF Suez) Energy Marketing, Inc. and served as Senior Vice President where he managed the North American power and gas origination business through February 2002. From November 1997 through June 1999, Mr. Witt was Director of northeast origination with Enron Capital & Trade Resources Inc.

From June 1994 through November 1997, Mr. Witt was a Director, CFO and Vice President of Virginia Gas Company, a natural gas storage, pipeline and distribution company listed on the NASDAQ stock exchange. From November 1984 through June 1994, Mr. Witt was employed with British Petroleum Company PLC in Houston and London, where he held progressively responsible financial positions in various businesses including crude and products trading, drilling, and natural gas development and strategic planning. Mr. Witt began his career as a CPA with KPMG in Austin and Houston after graduating from the University of Texas at Austin with a BBA in Accounting.

About Mainland Resources, Inc.

Mainland Resources is engaged in the exploration and development of oil and gas resources. The Company’s current initiatives are focused on the acquisition and development of leases in emerging gas regions with the potential for discoveries including the Haynesville shale.

See: www.mainlandresources.com for more information.

Symbol: MNLU – OTCBB, Symbol: 5MN; Frankfurt, WKN No.: A0ND6N

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